

HOW TO SPEND 25 MINUTES A DAY WITH THE LORD

II Chronicles 7:14-15, “If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then I *shall hear from heaven*, and will forgive their sin, and will heal their land. *Now mine eyes shall be open, and mine ears attent unto the prayer that is made in this place.*” (italics added)

Here is the formula for praying for 25 minutes a day:

I. Praise: Thanking God for what He does! (5 minutes)

Philippians 4:6, “Be careful for nothing; but in every thing by prayer and supplication *with thanksgiving* let your requests be made known unto God.”

List 5 things that God *has done* for you:

- 1.
- 2.
- 3.
- 4.
- 5.

II. Worship: Thanking God for Who He is! (5 minutes)

Psalm 99:5, “Exalt ye the Lord our God, and worship at his footstool; for he is holy.”

List 5 things *about God* that you are thankful for:

- 1.
- 2.
- 3.
- 4.
- 5.

III. Confession: Repenting of the sins that I have committed (5 minutes)

I John 1:9, “If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.”

List the sins that the Lord brings to your mind:

- 1.
- 2.
- 3.
- 4.
- 5.

IV. Just Ask!: (10 minutes)

Psalm 37:4, “Delight thyself also in the Lord; and he shall give thee the desires of thine heart.”

What do you need from God today?

- 1.
- 2.
- 3.
- 4.
- 5.

Romans 8:32, “He that spared not his own Son, but delivered him up for us all, how shall he not with him also freely give us all things?”